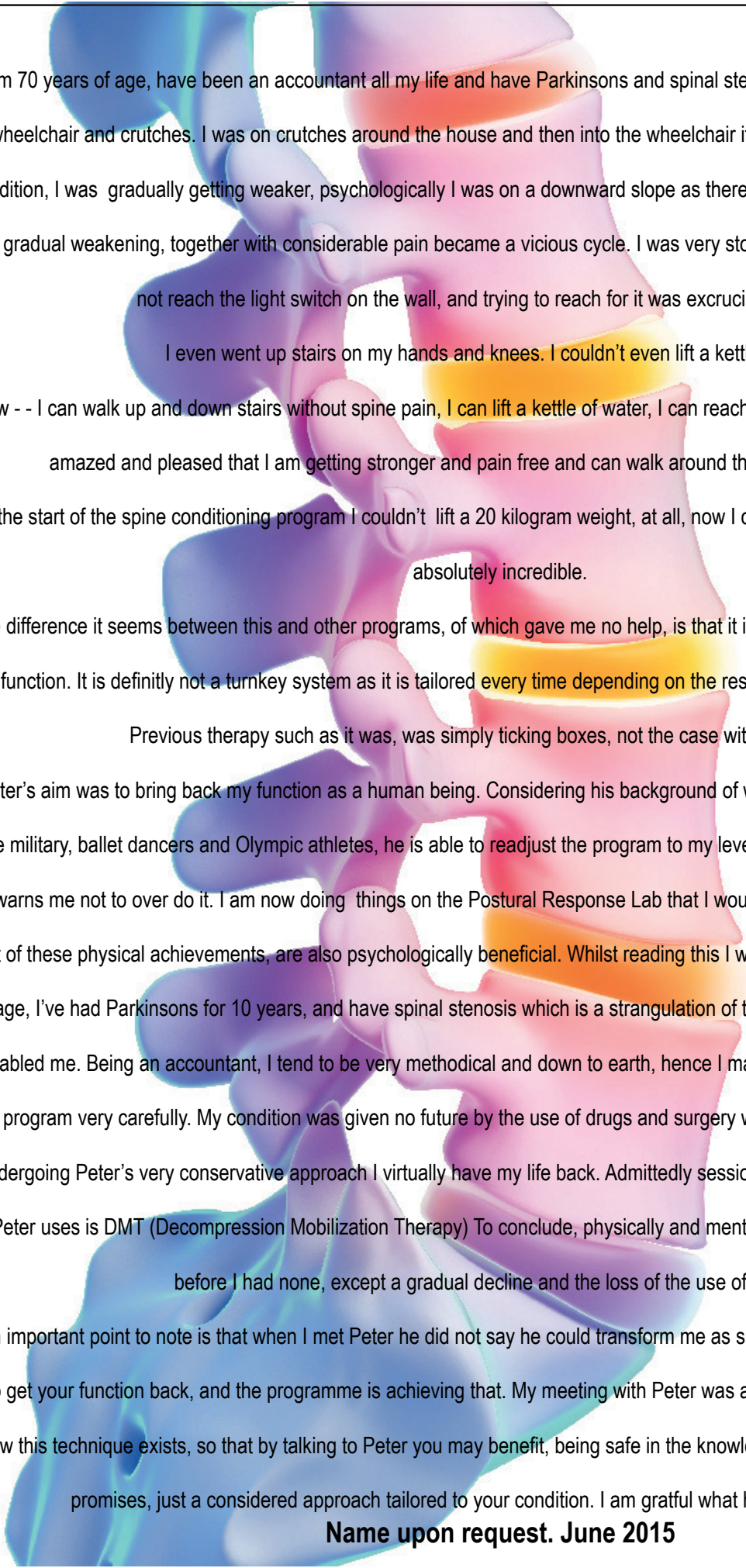


DMT™ Applied to Parkinsons and Spinal Stenosis

“I am now doing things on the Postural Response Lab that I would never have thought possible”



I am 70 years of age, have been an accountant all my life and have Parkinsons and spinal stenosis which had confined me to a wheelchair and crutches. I was on crutches around the house and then into the wheelchair if we went out from the house. In addition, I was gradually getting weaker, psychologically I was on a downward slope as there was no positive outcome in sight. The gradual weakening, together with considerable pain became a vicious cycle. I was very stooped over, so much so that I could not reach the light switch on the wall, and trying to reach for it was excruciatingly painful.

I even went up stairs on my hands and knees. I couldn't even lift a kettle of water.

Now - - I can walk up and down stairs without spine pain, I can lift a kettle of water, I can reach the light switch with no pain. I am amazed and pleased that I am getting stronger and pain free and can walk around the house without support.

At the start of the spine conditioning program I couldn't lift a 20 kilogram weight, at all, now I can lift it 100 times without resting, absolutely incredible.

The difference it seems between this and other programs, of which gave me no help, is that it is based upon results, to regain my function. It is definitely not a turnkey system as it is tailored every time depending on the response to the previous session.

Previous therapy such as it was, was simply ticking boxes, not the case with this program.

Peter's aim was to bring back my function as a human being. Considering his background of working with bodybuilders, actors, the military, ballet dancers and Olympic athletes, he is able to readjust the program to my level of strength and ability and often warns me not to over do it. I am now doing things on the Postural Response Lab that I would never have thought possible.

A lot of these physical achievements, are also psychologically beneficial. Whilst reading this I would remind you that I am 70 years of age, I've had Parkinsons for 10 years, and have spinal stenosis which is a strangulation of the spinal cord, which had severely disabled me. Being an accountant, I tend to be very methodical and down to earth, hence I maintain a record of my response to the program very carefully. My condition was given no future by the use of drugs and surgery was considered too much of a risk. Undergoing Peter's very conservative approach I virtually have my life back. Admittedly sessions can be 3 hours. The technique Peter uses is DMT (Decompression Mobilization Therapy) To conclude, physically and mentally I now have a future whereas before I had none, except a gradual decline and the loss of the use of my body.

An important point to note is that when I met Peter he did not say he could transform me as such, but simply let's see if we can help get your function back, and the programme is achieving that. My meeting with Peter was a chance encounter, I am letting you know this technique exists, so that by talking to Peter you may benefit, being safe in the knowledge that there won't be any empty promises, just a considered approach tailored to your condition. I am grateful what he has achieved so far.

Name upon request. June 2015