

TESTIMONIAL

"I am Dorian Yates, 6 times Mr Olympia, owner of DY Nutrition and Temple Gym.

Bodybuilding can be tough on the spine and joints having experienced tendon and muscle tears I have needed some of the best musculoskeletal work in the world.

I have known Peter and his work with DMT™ since 1999. Initially I was skeptical as it is different in approach, but time eventually reveals how good something is.

He is the best in his field, second to none.

I feel all bodybuilders, professional athletes and general public should try Peter's technique, not only for recovery of injury but to prevent injury.

I feel if I had applied this technique when I took up bodybuilding, I wouldn't have suffered the degree of injuries".

Dorian Yates.

6 X Mr Olympia

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DORIAN YATES
MUSCLEANDBRAWN.COM